

Division Two

Qualifying Meet Standards 2025-2026

<u>EVENT</u>	<u>BOYS</u>	<u>GIRLS</u>
55-meter Hurdles	10.5	11.20
55 meters	7.20	8.30
300 meters	41.00	48.00
600 meters	1:38.0	2:05.0
1000 meters	3:00.0	3:55.0
1500 meters	4:50.0	5:55.0
3000 meters	10:30.0	13:00.0
Shot Put	35' 0"	24 0"
Long Jump	17' 9"	13' 6"
High Jump	5' 2"	4' 4"

Division One

Qualifying Meet Standards 2025-2026

<u>EVENT</u>	<u>BOYS</u>	<u>GIRLS</u>
55-meter Hurdles	9.80	10.60
55 meters	7.10	8.10
300 meters	41.00	47.50
600 meters	1:37.0	1:56.0
1000 meters	3:00.0	3:40.0
1500 meters	4:45.0	5:55.0
3000 meters	10:15.0	13:00.0
Shot Put	36' 0"	25' 0"
Long Jump	18' 0"	14' 0"
High Jump	5' 4"	4' 6"