Important Notes to Coaches:

1) Please enter actual seed performances for each athlete. NT, ND, NH are <u>not acceptable</u> entries for any event at any meet, even the first meet of the season. If you have to guess, make your best guess about what your athletes can do. You know them, and you should be able to make an educated guess. Not sure what to put down for your athlete? Ask Mike Lyford.

2) The only performances eligible to be used as Qualifier Meet entries or State Meet entries (aka Battlenotes) are the following:

- Performances that occurred during this 2025-2026 Indoor Track season. This is defined as the dates between and including 12/13/2025 and 2/1/2026.

- Performances that occurred at meets within the dates specified above with **only** high school students as competitors AND also with athletes representing their designated schools. Performances at meets with a mix of college, professional, adult athletes etc will not be accepted, nor will performances from athletes representing club teams.

- Not sure if a non-League meet you want to attend meets the criteria above? Ask Mike Lyford.

3) Conversions:

- If you have athletes competing in the 1600m, 1 Mile, 3200m, or 2 Mile at non-League meets that fit the criteria above that's fine; please email the times you'd like converted to Mike Lyford, at mlyford@sau52.org He will tell you the converted time you'll need to use for State Meet / Battlenotes entries.

- "En route" times will not be accepted.

- The events listed above are the only distances eligible for conversion, **except**…

- **This season we are piloting a conversion factor for all UNH 300m races based on NCAA conversion tables.**

- All UNH 300m conversions will be posted weekly on https://nh.staterunning.net/

4) Remember to make ALL sprint (one lap) relay seed times for ALL venues 4x160 times. If you need help with this, convert your 4x200 seed time into seconds, multiply by **.80** and then convert back to minute/seconds (rounding <u>up</u> to the nearest hundredth).

All State Meet /Battlenotes entries need to be 4x160 times (or conversions from 4x200 times) as well.

5) The current qualifying standards for each division are included in another handout. Running event standards reflect FAT times; only FAT times are accepted for the Qualifier Meets and the State Meets.

Coaches need to enter the correct performances for their division in the Qualifier Meet on DA where there are mixed divisions. DirectAthletics entries for the Qualifier Meet will have the D2 standards set as the baseline, but D1 coaches need to be aware of the D1 standards when entering athletes and stick to those. We will email coaches directly if we see issues with this.

Athletes are not eligible to compete in the Qualifier Meet or the State Meet unless you enter them yourself in DirectAthletics. **Please remember to also enter the date and location along with each performance.**

Please make sure your athletes and families understand that being on the Battlenotes list does not mean those athletes are guaranteed to make it to the State Meet.