

New Hampshire Distance Festival



Hosted by Souhegan High School

Friday, May 1, 2026

Meet Program

Boys Mile (5:00pm)

Heat 1 of 9 Finals

1	Marshall, Henry	9	SOUHEGAN	5:55.00
2	Corrigan, Joel	10	SOUHEGAN	5:55.00
3	Kaplan, Aiden	9	SOUHEGAN	5:55.00
4	Moses, Michael	11	NASHUA SOUTH	5:55.00
5	McArdle, Elijah	9	BOW	5:58.00
6	Taylor, Jaden	9	RAYMOND	6:00.00
7	Barton, Drew	10	ALVIRNE	6:00.00
8	Wharton, Rory	9	NEWFOUND REGIONAL	6:00.00
9	Phillips, Elijah	9	NASHUA SOUTH	6:00.00
10	Ricker, Kelton	9	COE-BROWN NORTHWOOD ACADEMY	6:05.67
11	Vempati, Manas	9	NASHUA SOUTH	6:10.00
12	Libert, Carter	10	MERRIMACK	6:13.22
13	Duffy, Trevin	12	CONCORD	6:15.00
14	Hartmann, David	11	CONCORD	6:30.00
15	Mohd Alizam, Hasif	12	MASCOMA VALLEY REG	6:41.00
16	Girard, Emeric	10	HOLY FAMILY ACADEMY	6:50.00
17	Baldacchino, Julian	10	ALVIRNE	6:50.00
18	Plante, Evan	10	ALVIRNE	7:20.00

(5:09pm)

Heat 2 of 9 Finals

1	Gao, Eric	10	BEDFORD	5:40.00
2	Owen, David	12	BOW	5:42.00
3	Miris, Athanasios	12	NASHUA SOUTH	5:42.50
4	Puro, Jack	9	BOW	5:43.00
5	Caron, Connor	9	MERRIMACK	5:43.78
6	Pallazola frazier, Ben	10	OYSTER RIVER	5:45.00
7	Plumley, Shane	12	ALVIRNE	5:45.00
8	Prompradit, Chase	11	OYSTER RIVER	5:45.00
9	Schmidt, Wyatt	10	COE-BROWN NORTHWOOD ACADEMY	5:45.22
10	Pinault, George	11	CONCORD	5:46.00
11	Moran, Thomas	11	MASCENIC REGIONAL	5:47.19
12	Nadeau, Jackson	10	COE-BROWN NORTHWOOD ACADEMY	5:48.64
13	Mishra, Arpith	9	BEDFORD	5:50.00
14	Chethan, Rithvik	10	BEDFORD	5:50.00
15	Szumiesz, Carter	9	BEDFORD	5:50.00
16	Fernandez, Giovanni	9	NASHUA SOUTH	5:50.00
17	Cousins, Lyle	11	OYSTER RIVER	5:50.00

Boys Mile (5:18pm)**Heat 3 of 9 Finals**

1	Hall, Gavin	11	LACONIA	5:25.00
2	Nicol, Connor	10	WINNACUNNET	5:25.00
3	Howard, Judah	10	PORTSMOUTH CHRISTIAN	5:25.00
4	Maziarz, Braedan	11	NASHUA NORTH	5:25.00
5	Myszko, Leon	9	WINNACUNNET	5:25.00
6	Levesque, Walter	9	RAYMOND	5:26.97
7	Pawlowski, Ryan	9	BOW	5:28.00
8	Amovic, Nikola	11	RAYMOND	5:29.00
9	Saraiya, Shivaan	12	BEDFORD	5:29.27
10	Swiergosz, Luke	11	BEDFORD	5:29.31
11	Burke, Keenan	11	SOUHEGAN	5:30.00
12	Rearick Ahne, Matthew	10	NEWFOUND REGIONAL	5:30.00
13	Van hoff, Miles	10	HOPKINTON	5:30.00
14	Lewandowski, Evan	12	HANOVER	5:30.00
15	Joby, Milan	11	NASHUA SOUTH	5:30.00
16	Juminez-Calderon, Maximiliano	10	CONCORD	5:30.00
17	Wenworth, Rhys	9	LACONIA	5:30.00
18	DePiano, Nicholas	9	HOPKINTON	5:37.00

Girls Mile (5:27pm)

Heat 1 of 6 Finals

1	Courtemanche, Lily	11	OYSTER RIVER	6:55.00
2	Makoviy, Jane	11	ALVIRNE	6:55.40
3	Bice, Cadence	12	ALVIRNE	6:55.50
4	Grant, Maddison	11	LACONIA	6:56.00
5	Owen, Maya	12	BOW	6:57.00
6	Verweij, Drew	10	OYSTER RIVER	7:00.00
7	Page, Autumn	9	MASCENIC REGIONAL	7:08.26
8	Greci, Penelope	9	SOUHEGAN	7:10.00
9	Sturk, Leah	11	ALVIRNE	7:12.91
10	Woods, Avery	12	ALVIRNE	7:12.96
11	Lussier, Jordan	12	SOUHEGAN	7:15.00
12	Melo, Emma	9	ALVIRNE	7:15.01
13	Ballantine, Alexis	11	ALVIRNE	7:23.24
14	Somero, Sophia	9	MASCENIC REGIONAL	7:37.07
15	Clark, Bridget	12	MERRIMACK	7:47.64
16	Acierno, Stephanie	9	MASCENIC REGIONAL	8:00.00
17	Ledbetter, Shelby	11	BOW	8:00.00
18	Currier, Isabella	11	MASCOMA VALLEY REG	8:17.00

Boys Mile (5:36 pm)**Heat 4 of 9 Finals**

1	Koutalidis, William	11	WINNACUNNET	5:10.00
2	Thibeault, Andrew	11	NASHUA SOUTH	5:10.00
3	Hamblet, Gage	12	PORTSMOUTH CHRISTIAN	5:10.00
4	Jones, Trevor	9	MONADNOCK REGIONAL	5:10.24
5	Patino-Uribe, Yadiel	11	NASHUA NORTH	5:12.00
6	Kenoyer, Gavin	11	OYSTER RIVER	5:12.00
7	Beckman, Landis	9	COE-BROWN NORTHWOOD ACADEMY	5:14.29
8	Lynch, Ben	12	LACONIA	5:15.00
9	Mannetta, Brayden	11	NASHUA NORTH	5:15.00
10	Lambert, Sheadon	9	WINNACUNNET	5:15.00
11	Mousseau, Holden	12	LACONIA	5:15.00
12	Hould, Logan	10	ALVIRNE	5:17.52
13	Wheeler, Patrick	11	OYSTER RIVER	5:20.00
14	Mousseau, Cooper	9	LACONIA	5:20.00
15	Bezanson, Chase	9	OYSTER RIVER	5:20.00
16	Raymond, Ben	12	NASHUA NORTH	5:20.00
17	Peavey, James	9	PORTSMOUTH CHRISTIAN	5:20.00
18	Roehm, Jake	12	MERRIMACK	5:20.53

Girls Mile (5:45pm)

Heat 2 of 6 Finals

1	Burt, Zoe	12	ALVIRNE	6:25.29
2	Kirk, Alexis	10	BEDFORD	6:26.50
3	Arp, Samantha	11	BEDFORD	6:28.00
4	McDaniel, Brielle	9	MERRIMACK	6:28.41
5	Stokes, Eden	9	LACONIA	6:30.00
6	Kennedy, Gwendolyn	9	SOUHEGAN	6:30.00
7	Coupal, Morgan	9	ALVIRNE	6:30.87
8	Bauer, Sarah	12	HOLLIS-BROOKLINE	6:34.00
9	Sargent, Sophie	9	ALVIRNE	6:36.76
10	Walker, Dylan	11	SOUHEGAN	6:40.00
11	Downey, Charlianna	9	ALVIRNE	6:40.00
12	Pendleton, Illari	9	SOUHEGAN	6:40.00
13	Densmore, Lucy	9	SOUHEGAN	6:45.00
14	Tapley, Emma	11	SOUHEGAN	6:45.00
15	Sekera, Carrigan	10	OYSTER RIVER	6:50.00
16	Sands, Ella	11	BEDFORD	6:50.00
17	Caron, Nia	9	CONCORD	6:55.00

Boys Mile (5:54pm)

Heat 5 of 9 Finals

1	Stewart, George	10	PORTSMOUTH CHRISTIAN	5:00.00
2	Lewis, Jason	9	MONADNOCK REGIONAL	5:00.24
3	Macleane, Chase	10	MONADNOCK REGIONAL	5:00.24
4	Schifone, Lukas	9	MERRIMACK	5:01.85
5	Morris, Tyler	11	PINKERTON ACADEMY	5:02.00
6	Rogers, Karson	11	MASCOMA VALLEY REG	5:02.00
7	Worcester, Wyatt	12	BOW	5:04.17
8	Tyburski, Colin	11	PINKERTON ACADEMY	5:05.00
9	Ranadive, Sarek	11	PHILLIPS EXETER ACADEMY	5:05.00
10	Kohl, George	10	BOW	5:05.00
11	Saraiya, Kavish	9	BEDFORD	5:05.14
12	Brandt, Roarke	11	ALVIRNE	5:05.97
13	Lai, Nathan	12	PINKERTON ACADEMY	5:06.00
14	Griffith, Camden	10	ALVIRNE	5:06.11
15	Gray, David	9	BEDFORD	5:07.95
16	Pratt, Elias	11	OYSTER RIVER	5:08.00

Girls Mile (6:03pm)

Heat 3 of 6 Finals

1	Bowman, Maryn	10	PHILLIPS EXETER ACADEMY	6:00.00
2	Kaempfer, Charlotte	11	NEWFOUND REGIONAL	6:00.00
3	Travis, Lily	9	COE-BROWN NORTHWOOD ACADEMY	6:00.67
4	Trested, Riley	9	COE-BROWN NORTHWOOD ACADEMY	6:00.67
5	Scavone, Lena	9	HANOVER	6:04.04
6	Gregory, Ellison	9	HOPKINTON	6:10.00
7	Valas, Mary	10	BOW	6:12.00
8	Capers, Maya	9	MERRIMACK	6:14.27
9	Kerivan, Meredith	12	COE-BROWN NORTHWOOD ACADEMY	6:14.67
10	Malnar, Julia	11	BEDFORD	6:17.00
11	Vinson, Ella	11	MERRIMACK	6:17.00
12	DiBiase, Josie	10	PORTSMOUTH CHRISTIAN	6:18.00
13	Warner, Cleo	9	MANCHESTER CENTRAL	6:19.98
14	Bowers, Jessica	10	SOUHEGAN	6:20.00
15	Black, Greta	9	SOUHEGAN	6:20.00
16	Schultz, Lilliana	12	ALVRNE	6:20.00
17	Shaheen, Helena	10	BEDFORD	6:20.00

Boys Mile (6:12pm)**Heat 6 of 9 Finals**

1	Ruffo, Chase	10	MONADNOCK REGIONAL	4:50.24
2	Charron, Samson	10	HANOVER	4:53.28
3	Cayot, Zachary	10	MERRIMACK	4:54.53
4	Bardach, Yosh	10	HANOVER	4:55.00
5	Howard, Simeon	11	PORTSMOUTH CHRISTIAN	4:55.00
6	Cosgrove, Owen	11	PHILLIPS EXETER ACADEMY	4:55.00
7	Sowa, Marcus	11	PINKERTON ACADEMY	4:55.00
8	Klug, Leighton	11	PINKERTON ACADEMY	4:55.00
9	Hourdequin, Ben	12	HANOVER	4:55.00
10	Eberl, Forest	10	OYSTER RIVER	4:55.00
11	Palmer, Bryce	12	NEWPORT	4:56.69
12	Lamb, Simon	10	OYSTER RIVER	4:58.00
13	Laberis, Caden	10	OYSTER RIVER	4:58.00
14	Elly, Cian	11	OYSTER RIVER	4:58.00
15	Kirby, Colin	12	MILFORD	4:58.00
16	Dasari, Pranav	11	NASHUA SOUTH	4:58.30
17	Alsup, Logan	9	SALEM	4:59.20

Girls Mile (6:21pm)**Heat 4 of 6 Finals**

1	Cintron, Amelia	9	MONADNOCK REGIONAL	5:49.24
2	Masson, Lyla	12	BISHOP GUERTIN	5:50.00
3	Smith, Brighton	12	SOUHEGAN	5:50.00
4	Ryan, Leah	12	ST THOMAS AQUINAS	5:50.00
5	Massey, Grace	9	MERRIMACK	5:51.07
6	Clarner, Hannah	9	HOPKINTON	5:51.48
7	O'Neil, Kloeigh	12	BEDFORD	5:51.68
8	Reardon, Molly	12	HOLLIS-BROOKLINE	5:52.00
9	Chopard, Clemence	12	OYSTER RIVER	5:55.00
10	Barry, Beonca	10	BEDFORD	5:55.00

Girls Heat 4 of 6 (continued)

11	Boll, Grace	11	BEDFORD	5:55.00
12	Denon, Lydia	12	BEDFORD	5:55.00
13	Bower, Kendrah	11	MONADNOCK REGIONAL	5:55.24
14	LeClerc, Jazmine	10	LACONIA	5:56.00
15	Buxton, Nora	10	BEDFORD	5:57.00
16	Briggs, Emerald	12	NEWFOUND REGIONAL	6:00.00
17	Sverrild, Mia	10	HANOVER	6:00.00

Boys Mile (6:30pm)

Heat 7 of 9 Finals

1	Motherway, Matthew	12	NASHUA SOUTH	4:47.00
2	Banafato, Brendan	11	OYSTER RIVER	4:47.00
3	Dohan, Jibril	9	SALEM	4:47.00
4	Jobin, Benjamin	11	COE-BROWN NORTHWOOD ACADEMY	4:47.67
5	Sandahl, Ian	10	BOW	4:48.00
6	Parker, Luke	10	BEDFORD	4:48.97
7	Rowe, Ashton	11	ALVRNE	4:49.64
8	Tripod, Liam	9	HOPKINTON	4:49.84
9	Coler, William	10	BISHOP GUERTIN	4:50.00
10	Dinnan, Jace	9	OYSTER RIVER	4:50.00
11	Arnoldy, Thomas	11	SOUHEGAN	4:50.00
12	Mckeown, Zachery	9	PORTSMOUTH CHRISTIAN	4:50.00
13	Chea, Bunhour	11	NASHUA NORTH	4:50.00
14	Collins, Oliver	10	HANOVER	4:50.00
15	Boucher, Owen	11	PINKERTON ACADEMY	4:50.00

Girls Mile (6:39pm)

Heat 5 of 6 Finals

1	Swanbon, Samantha	11	SOUHEGAN	5:31.53
2	Moranti, Mia	12	BEDFORD	5:34.10
3	Hirschler, Ariella (Ari)	11	HANOVER	5:35.00
4	Short, Emma	10	MONADNOCK REGIONAL	5:35.24
5	Simpson, Makenna	9	ALVRNE	5:35.87
6	O'Loughlin, Shae	10	SALEM	5:37.42
7	Houle, Jahrie	12	OYSTER RIVER	5:40.00
8	Sixon, Rachel	9	MILFORD	5:40.00
9	Hardy, Quinn	12	HOLLIS-BROOKLINE	5:44.29
10	Hill, Eloise	10	COE-BROWN NORTHWOOD ACADEMY	5:44.66
11	Upton, Sophia	12	HOPKINTON	5:45.00
12	Williams, Jillian	10	OYSTER RIVER	5:45.00
13	Stewart, Elizabeth	8	PORTSMOUTH CHRISTIAN	5:45.00
14	Siska, Brynn	9	SOUHEGAN	5:45.00
15	Zadakis, Olivia	12	COE-BROWN NORTHWOOD ACADEMY	5:47.67
16	O'Shea, Kaitlin	12	MASCENIC REGIONAL	5:48.14

Boys Mile (6:48pm)

Heat 8 of 9 Finals

1	Larson, Benjamin	10	COE-BROWN NORTHWOOD ACADEMY	4:39.67
2	St Laurent, Alexander	11	SALEM	4:39.80
3	Cipriano, Austin	12	PINKERTON ACADEMY	4:39.80
4	Collins, Alexander	10	HANOVER	4:40.00
5	Foster, Colin	11	NEWFOUND REGIONAL	4:40.00
6	Gagnon, Owen	11	NASHUA NORTH	4:40.00

Boys Heat 8 of 9 (continued)

7	Harker, Brady	12	NEWFOUND REGIONAL	4:40.00
8	Reddy, Ved	10	PHILLIPS EXETER ACADEMY	4:40.00
9	Bishop, Eddie	10	BEDFORD	4:41.78
10	LeClerc, Zander	12	LACONIA	4:43.00
11	Brunjes, Jacob	12	MONADNOCK REGIONAL	4:44.27
12	Phemester, Braden	12	BISHOP GUERTIN	4:45.00
13	Weir, Jack	11	SALEM	4:45.00
14	Flowers, Carsten	11	PHILLIPS EXETER ACADEMY	4:45.00
15	Spencer, Jacob	10	SOUHEGAN	4:45.00

Girls Mile (6:57pm)

Heat 6 of 6 Finals

1	Barry, Mikita	12	BEDFORD	4:52.38
2	Bullock, Ava	12	PHILLIPS EXETER ACADEMY	4:55.00
3	Lane, Madeleine	11	HOPKINTON	4:58.07
4	Kavanagh, Olivia	10	OYSTER RIVER	5:10.00
5	Deeb, Aria	11	HANOVER	5:15.00
6	Cook, Madelyn	11	OYSTER RIVER	5:15.00
7	Cross, Eli	11	EXETER	5:18.36
8	Pratt, Norah	9	PHILLIPS EXETER ACADEMY	5:20.00
9	O'Shea, Erin	12	MASCENIC REGIONAL	5:20.50
10	Englund, Elli	12	PLYMOUTH REGIONAL	5:21.71
11	Watts, Hailey	10	MOULTONBOROUGH ACADEMY	5:24.00
12	Lovett, Annabelle	11	COE-BROWN NORTHWOOD ACADEMY	5:25.67
13	Larrick, Millie	12	HANOVER	5:27.00
14	Unger, Leah	10	RAYMOND	5:28.44
15	Bell, Alice	11	HANOVER	5:30.00
16	Bezanson, Haley	11	OYSTER RIVER	5:30.00

Boys Mile (7:06pm)

Heat 9 of 9 Finals

1	Gustavson, Joseph	11	PINKERTON ACADEMY	4:15.00
2	Robie, Jason	11	PINKERTON ACADEMY	4:17.00
3	Kiehl, Marcus	10	PHILLIPS EXETER ACADEMY	4:20.00
4	Yee, Truman	12	PHILLIPS EXETER ACADEMY	4:20.00
5	Gomez, Lucas	12	SALEM	4:27.00
6	Hayes, Sean	12	PINKERTON ACADEMY	4:28.00
7	Skorupan, Grant	12	MILFORD	4:30.00
8	McNaughton, Isaac	10	HANOVER	4:32.00
9	Burns, Cole	12	NASHUA NORTH	4:35.00
10	Holt, Brady	12	PORTSMOUTH CHRISTIAN	4:35.00
11	Barnes, Christian	12	PORTSMOUTH CHRISTIAN	4:35.00
12	Mailloux, Trainor	12	PINKERTON ACADEMY	4:35.00
13	Faris, Dylan	10	HANOVER	4:36.07
14	Mortimer, Jack	11	BEDFORD	4:38.68
15	Sanjay, Siddharth	11	OYSTER RIVER	4:39.00

(7:30pm)

Boys 5000 Meters Varsity

Heat 1 of 2 Finals

1	D'Silva, Nate	12	NASHUA NORTH	17:00.00
2	Andersen, Ryker	10	OYSTER RIVER	17:00.00
3	St Denis, Logan	12	SOUHEGAN	17:00.00
4	Russell, Carl	11	MASCOMA VALLEY REG	17:05.00
5	Glaser, Gus	11	COE-BROWN NORTHWOOD ACADEMY	17:05.67
6	Dinardo, Jordan	9	LACONIA	17:10.00
7	Hanaway, Will	12	HANOVER	17:30.00
8	Coleman, Aaron	11	SOUHEGAN	17:30.00
9	James, Andrew	12	PORTSMOUTH CHRISTIAN	17:30.00
10	Kohl, Sam	10	BOW	17:30.00
11	O'Brien, Colby	11	CONCORD	17:30.00
12	Novosad, Rohan	11	HANOVER	17:30.00
13	Reinhardt, William	10	GILFORD	17:48.53
14	Gahm, Ethan	11	WINNACUNNET	18:00.00
15	Bickford, Blake	12	MANCHESTER MEMORIAL	18:00.00
16	Kovar, Finnegan	10	HOPKINTON	18:20.00
17	Nicol, Wyatt	10	WINNACUNNET	18:30.00
18	Crosby, Michael	10	HOPKINTON	18:30.00
19	Smithson, Chael	9	LACONIA	18:50.00
20	Duguay, Logan	12	MANCHESTER MEMORIAL	19:00.00

Girls 5000 Meters Varsity (7:55pm)

Heat 1 of 1 Finals

1	Faris, Megan	12	HANOVER	18:00.00
2	Bullock, Ava	12	PHILLIPS EXETER ACADEMY	18:00.00
3	Stewart, Grace	11	HANOVER	18:40.00
4	Rourke, Alice	11	PHILLIPS EXETER ACADEMY	18:45.00
5	Emerson, Maisie	10	HOPKINTON	18:50.00
6	Nystedt, Annika	10	PHILLIPS EXETER ACADEMY	19:45.00
7	Marzolf, Kalisan	12	PINKERTON ACADEMY	19:50.00
8	Cartagena, Olivia	10	ALVIRNE	19:52.80
9	Butler, Sophia	11	PHILLIPS EXETER ACADEMY	20:15.00
10	Price, Jillian	10	CONCORD	20:30.00
11	El Rayess, Molly	10	WINNACUNNET	20:45.00
12	Yellin, Zosia	12	MERRIMACK	20:45.80
13	Irving, Ceili	12	NEWFOUND REGIONAL	20:46.00
14	Merrill, Kaitlin	12	WINNACUNNET	21:10.00
15	Swisher, Ava	10	MERRIMACK	21:13.50
16	Ash, Mariah	9	LACONIA	22:10.00
17	Ridings, Caroline	10	SOUHEGAN	22:30.00
18	Philipp, Samantha Priya	12	PINKERTON ACADEMY	23:00.00

(8:25pm)

Boys 5000 Meters Varsity

Heat 2 of 2 Finals

1	Howland-Mahakis, Bocelli	10	PHILLIPS EXETER ACADEMY	14:50.00
2	Joslyn, Peyton	12	MONADNOCK REGIONAL	14:50.24
3	Welch, Owen	12	PHILLIPS EXETER ACADEMY	15:00.00
4	Miller, William	10	PHILLIPS EXETER ACADEMY	15:20.00
5	Lehman, Oliver	11	OYSTER RIVER	15:45.00
6	Groves, Ben	11	HANOVER	15:45.00
7	Rodriguez, Isaiah	11	NASHUA SOUTH	15:47.00
8	Youngs, Patrick	10	COE-BROWN NORTHWOOD ACADEMY	15:49.67
9	D'Amelio, Oscar	11	PINKERTON ACADEMY	16:00.00
10	Mehra, Safir	12	HANOVER	16:00.00
11	Clapp, Levi	11	OYSTER RIVER	16:10.00
12	Cox, Broden	9	COE-BROWN NORTHWOOD ACADEMY	16:11.67
13	Youngs, Samuel	9	COE-BROWN NORTHWOOD ACADEMY	16:11.67
14	Sellers, Garrett	12	OYSTER RIVER	16:15.00
15	Goupil, Max	10	HOPKINTON	16:20.00
16	Miller, Brayden	11	MERRIMACK	16:20.80
17	Shewan, James	12	NASHUA SOUTH	16:30.00
18	O'Brien, Lincoln	12	NASHUA SOUTH	16:30.00
19	Rigaut, Drew	11	SOUHEGAN	16:30.00
20	Iucci, Noah	11	NASHUA SOUTH	16:50.00
21	Matson, Sam	12	ALVRNE	16:50.00